GDIP-59

THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

- 1. Inspect equipment dally.Check that all nuts, bolts and screws are fully tightened and replace worn parts immediately.

 2. Before use, always check cables for signs of wear. Replace immediately. Never use machine if cable is damaged. Failure to do so may result in serious Injury.

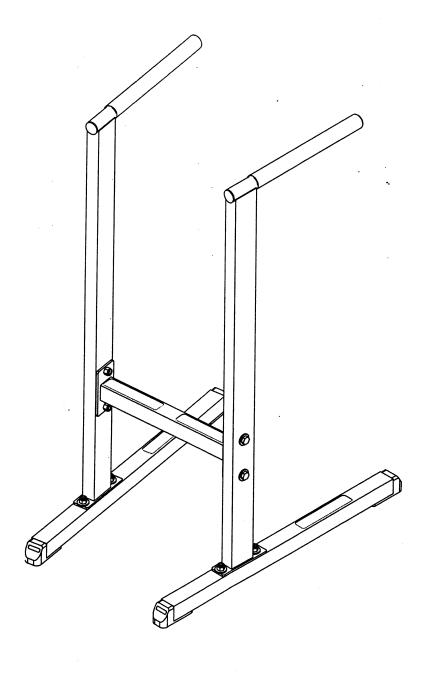
- do so may result in serious injury.

 3. Keep clear of the cables and all moving parts when the machine is in use.

 4. Always make sure all Snap Links are closed when doing any cable/pulley exercises.

 5. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.

 6. It is recommended that you should workout with a training partners.
- 6. It is recommended that you should workout with a training partner.
 7. Do not allow children or minors to play on or around this equipment.
 8. WARNING: Consuit your physician before starting your exercise program.
 For your own safety. do not begin any exercise without proper instruction.



11 12 13 14 15 16 17 18 19 20 ++++++++++++++++++++++++++++++++++++	1 2 3 4 5 6 7 8 9 10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
c [apcs]	D3. D5.	D1. D2.
	B1. C1.	A1. A2.
	ER [8PCS] ER [8PCS] -024) [4PCS] D CAP (9211-018) [2PCS] P TAPE (9310-030) [4PCS] D CAP (9211-099) [2PCS]	C1. M12 (I.D) WASHER D1. Foot Cap (9211-024)- D2. Ø38 ROUND END CAP D3. 38X195 NO SLIP TAPE D5. Ø38 ROUND END CAP
A [2PCS]	T [M12X
PARTS ILLUSTRATION SHEET	ILLUSTRATION SHEET	HARDWARE
		GDIP-59

GDIP-59D5 D2--D5 D2 A1X2 D3X2 C1X2 В B1X2 B1X2 B1X2 A1X2 C1X2 C1X2 D3X2 C1X2 A2X2 CX2 D1X2 D1X2

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A2X2